

# Buford High School

## HIGH SCHOOL COURSE SYLLABUS

**COURSE TITLE.....Team Sports**  
**TEACHER .....Durden, Martin**

**TERM .....1<sup>st</sup> /2<sup>nd</sup> Semester 2015/2016**  
**ROOM #.....Main Gym**

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<b>Teacher Web Page</b>	<a href="http://bhsdurden.weebly.com">http://bhsdurden.weebly.com</a> <a href="http://bhsmartin.weebly.com">http://bhsmartin.weebly.com</a>

### COURSE DESCRIPTION

This course provides a student a chance to enhance cardiovascular endurance, and general knowledge of various sports.

### COURSE CURRICULUM CONTENT

The Georgia Performance Standards for this course can be accessed online at [georgiastandards.org](http://georgiastandards.org).

GEORGIA PERFORMANCE STANDARDS	UNITS/TOPICS
<p><b>Standard 1:</b> Demonstrates competency in motor skills and movement patterns needed to perform a variety of physical activities</p> <p><b>Standard 2:</b> Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.</p> <p><b>Standard 3:</b> Participates regularly in physical activity.</p> <p><b>Standard 4:</b> Achieves and maintains a health-enhancing level of physical fitness.</p> <p><b>Standard 5:</b> Exhibits responsible personal and social behavior that respects self and others in physical activity settings.</p> <p><b>Standard 6:</b> Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.</p>	<ol style="list-style-type: none"> <li>1. Cardiovascular Fitness</li> <li>2. Volleyball</li> <li>3. Basketball</li> <li>4. Football</li> <li>5. Softball</li> <li>6. Soccer</li> <li>7. Individual Sports</li> </ol>

### EVALUATION AND GRADING

Assignments	Grade Weights	Daily 10 Point Grading Scale
Participation and dressing out each day Benchmark fitness assessments	Participation/Dress Out (70%)(PD) Benchmarks (30%)	4: Dressed Out/Full Participation 3: Dressed Out/Part Participation 2: Not Dressed Out/Full Participation 1: Dressed Out/No Participation 0: Not Dress Out/No Participation <b>Student Receive Weekly P/D Grade</b>

### OTHER INFORMATION

Rules and Expectations for PC/BS:	Dress Code for PC/BS:
<ol style="list-style-type: none"> <li>1. Students are expected to be in the gym area by the time the bell rings. If student is late the student will receive a tardy. (Five minutes to be dressed and out of the locker room!)</li> <li>2. Follow directions and all safety precautions the first time they are given. Refusing to cooperate with the instructor or other students in class, using inappropriate language, horseplay, and being disrespectful will not be tolerated at any time. If you act inappropriately, you will be removed from the class activity and receive a "0" for the day. You may also be subject to Teacher detention, and or an office referral.</li> </ol>	<ol style="list-style-type: none"> <li>1. Students will dress out in proper clothing. PE clothes may be shorts or sweat pants, t-shirts, running/tennis shoes and sweat shirts if desired.</li> <li>2. <b>NOT Allowed-tank tops, yoga pants, leggings, short running shorts, flip flops, sandals</b></li> <li>3. Compression clothing may be worn under appropriate clothing if desired</li> <li>4. Clothing must meet school dress code in terms of proper length and fit with no inappropriate messages printed on any of the clothing.</li> </ol>

<ol style="list-style-type: none"> <li>3. <b>NO FOOD OR DRINK IS ALLOWED IN THE GYM OR LOCKER ROOM.</b></li> <li>4. <b>Students should leave any valuables in their school locker or at home. The PE Dept. will NOT be responsible for any lost or stolen items!</b></li> <li>5. Book bags may not be brought to PE class. A mesh bag may be used to transport clothes from school locker to gym.</li> <li>6. Lockers are available, but students must provide their own pad lock for locker and lock <b>MUST</b> be taken with them after each class period.</li> </ol>	<p><b>Medical Information:</b></p> <ol style="list-style-type: none"> <li>1. All medical issues should be checked by school nurse.</li> <li>2. If a student is sick, a note is required to excuse him/her from physical activity. The note should have the parent signature and contact phone number or e-mail. All notes should be taken to school nurse. An alternative assignment will be given. Excessive absences or extended illness/injury will require a doctor's note.</li> </ol>
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<b>TEACHER CONSEQUENCES FOR MINOR CLASSROOM DISRUPTIONS</b>	
1 <sup>st</sup>	Penalty assigned at teacher's discretion – Parent Contact
2 <sup>nd</sup>	30 minute faculty detention and parent contact
3 <sup>rd</sup>	1 hour faculty detention and parent contact
4 <sup>th</sup>	Administrative Referral

**I have read and understand the Team Sports course syllabus.**

Student's Name: \_\_\_\_\_

Student's Signature: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Parent's E-Mail: \_\_\_\_\_

Parent's Contact Number: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_